rainbow

**Sensory Cooking:** This half term we will be making salads that keep us healthy. We will taste /smell different vegetables and express like or dislike. We will follow a recipe in order to make a salad. We will also make a dressing for the salad using the blender. Before cooking we will spend time washing our hands, rubbing, rinsing and drying with tissue.

**Music:**

We will listen to a song and feel the steady beat on our body (spiky balls, sponges). We will move a blanket ‘’up’’ and ‘’down’’ with music following instructions.

**Outdoor Activities:**

We will go to Mapledown School and use bikes or do exercises/ stretches in the playground in order to keep healthy.

**Switch activities/IT**

We will draw apples by making circles and lines on an ipad and on a smarboard. We will colour our apples. We will take turn to press a switch and see the story ‘’clean your teeth’’.

**Wheelchair Dance:**

We will choose favourite songs, we will follow a choreography which will give opportunity to move forwards-backwards, and circular while meeting and greeting our friends.

**Sensory Art:**

We will make caterpillars and butterflies using materials with different textures. We will do balloon painting dipping balloons in paint. We will also make stamps with fruits and vegetables that keep as healthy. Pupils will be encouraged to make choices on materials they would like to use.

**Shopping:**

We will buy ingredients for our cooking lesson. We will choose, in the class, what we would like to buy making choices. During shopping we will put items in a bag.

**Sensory Poems & Stories:**

We will read *The very hungry caterpillar*. Through multisensory recourses we will explore and learn about different fruits and animals (caterpillar and butterfly), we will count with support, anticipate parts of the story after repetition and enjoy listening to a story.

**Self-care: Keeping healthy**

We will practise pressing soap dispenser, rubbing hands under water and wiping hands with a paper towel. We will also squeeze toothpaste and brush our teeth.